

# HERBAL CONSULTATION SERVICES

## Initial Consultation

⌚ 90 min

Includes a thorough review of your health history, a treatment plan and creation of a custom herbal formula for your unique symptoms.

\*The cost of herbs is additional.

**\$90**  
ONE-TIME

## Return Consultation

⌚ 60 min

Reassessment of your custom herbal formulation.

This fee is included in the cost of the "First Treatment" above.

**\$60**  
ONE-TIME

### Types of Herbal Formulas

**Granular Herbs:** These are pre-cooked herbs that have been made into a granular powder. Just add a couple scoops to hot water and sip.

**Raw Herbs:** In a raw herbal formula you will see roots, leaves, barks, berries, flowers, stems and other plant parts. Prepare yourself for a night of boiling, simmering and straining these into the perfect decoction! Drink this medicinal quality herbal tea daily.

*The most commonly used form of herbal administration is granular. These are convenient, easy to take and easy to travel with.*

### Cost of Herbal Formulas

The cost of a **Granular Formulation** for **2 weeks** is about **\$34**, unless your practitioner discusses other options with you. This includes the cost of shipping them to your home from the herbal company who fills them.

Granulars may be encapsulated for an additional fee. This is commonly done to make a formula easier to consume when a patient has nausea or cannot handle the flavor of the formula.

**Bulk Herbal Formulas** are dependent upon each patient's specific needs and pricing for these formulations varies widely. Please inform your practitioner and inquire about pricing after your initial consultation if you are interested in a bulk herbal formula.



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# ACUPUNCTURE & NON-NEEDLE TREATMENT

<b>Initial Consultation</b>	🕒 30-45 min
Initial Consultation includes a thorough review of your health history and a treatment plan.	<b>\$30</b> ONE-TIME
<b>Acupuncture Session</b>	🕒 50-60 min
Sessions may include: • Acupuncture • Cupping • Herbal Consultation • Guasha • Moxabustion • Dietary/Lifestyle Suggestions • Tuina or Shiatsu (body work)	<b>\$90</b> ONE-TIME
<b>First Acupuncture Session</b>	🕒 90 mins
First Acupuncture Session includes: • Initial Consultation (\$30) • Your First Treatment (\$90)	<b>\$120</b> ONE-TIME
<b>Monthly Package - 4 Acupuncture Sessions</b>	
4 Sessions for one-time payment or as a recurring monthly payment. \$360 value - Save 20% (\$72) <small>*Treatments not used within 60 days of purchase will expire. *Cancel monthly billing at any time.</small>	<b>\$288</b> PER MONTH
<b>6 Acupuncture Sessions</b>	
\$540 value - Save 25% (\$135) <small>*To purchase this package at your initial session, just add the \$30 cost of the Initial Consultation to the cost of the package.</small>	<b>\$405</b> ONE-TIME
<b>12 Acupuncture Sessions</b>	
\$1,080 value - Save 30% (\$324) <small>*To purchase this package at your initial session, just add the \$30 cost of the Initial Consultation to the cost of the package.</small>	<b>\$756</b> ONE-TIME
<b>24 Acupuncture Sessions</b>	
\$2,160 value - Save 35% (\$756) <small>*To purchase this package at your initial session, just add the \$30 cost of the Initial Consultation to the cost of the package.</small>	<b>\$1,404</b> ONE-TIME



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