

# FERTILITY & PRENATAL CARE SERVICES

## Initial Consultation

⌚ 30-45 min

Initial Consultation includes a thorough review of your health history and a treatment plan.

This fee is included in the cost of the "First Treatment" below.

**\$30**  
ONE-TIME

## Return Treatment

⌚ 50-60 min

According to the interests and needs of the client, return acupuncture sessions may include any mixture of the following:

- Acupuncture
- Herbal Consultation
- Tuina or Shiatsu
- Dietary/Lifestyle Suggestions
- Cupping
- Guasha
- Moxabustion

This fee is included in the cost of the "First Treatment" below.

**\$90**  
ONE-TIME

## First Treatment

⌚ 90 mins

**First Treatment Includes:**

- The Initial Consultation (\$30)
- Your First Treatment (\$90)

**\$120**  
ONE-TIME

## FERTILITY PACKAGE (12 Treatments)

WEEKLY FOR 3 MONTHS

Fertility Treatments are aimed at:

- Increasing conception rates (Natural or Assisted Reproduction)
- Increasing blood flow to the uterus
- Improving Estrogen & Progesterone production
- Optimizing endometrial lining thickness
- Removing unwanted burdens on the reproductive system
- Improving quality of antral follicles produced (takes 6+ months)
- Optimizing overall health which in turn assists egg health & production (takes 3 - 6 months)
- Discount for these treatments is slightly higher to offset the cost of fertility treatments.
- Includes all elements of acupuncture listed under the "Return Acupuncture Session"

\*Packages may be rolled towards Prenatal Packages, any other package deal or single sessions once the client conceives.

**\$1,080 Value** - Save 35% once (\$378) or 25%/mo (\$270)

**\$270**  
FOR 3 MONTHS

**\$702**  
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# FERTILITY & PRENATAL CARE SERVICES

## WELL-PARENT PRENATAL PLAN

28 Treatments

Treatments scheduled according to our Well Mother Prenatal Schedule. This schedule suggests which weeks are best to receive acupuncture during pregnancy. Treatments assist with the following:

- Support the baby's development each month with 1-2 points chosen for the baby's specific stage of development.
- Decrease nausea or vomiting in the first/second trimesters
- Decrease aches, pains and/or discomfort as they rise
- Decrease stress, anxiety and relax the nervous system

**\$2,520 Value - Save 35% once (\$882) or 20%/mo (\$504)**

\*Includes all elements of acupuncture listed under the "Return Acupuncture Session". Missed appointments may be rescheduled at anytime. Monthly plan is 8 months to save you a few dollars during the month that your baby joins you.

\*To purchase this package at your initial session, just add the \$30 cost of the Initial Consultation to the cost of the package.

**\$252**  
FOR 8 MONTHS

**\$1,638**  
ONE-TIME

## PRENATAL COMPANION PLAN

38 Treatments

Built to create a sense of safety throughout pregnancy. This package provides individuals with a companion through the pregnancy journey and leaves them feeling heard, cared for, valued, validated and loved. This package is ideal for:

- Those who have experienced grief, loss, anxiety or fear associated with pregnancy
- Those who would like a healthcare partner present in each week of their pregnancy

**\$3,420 Value - Save 40% once (\$1,368) or 30%/mo (\$1,026)**

\*There are 40 weeks in a pregnancy. Inevitably, our pregnant clients have one or two weeks with a scheduling conflict, or they choose to begin this package a few weeks into the pregnancy.

\*No matter where you are in your pregnancy, your total of 38 treatments may be spread throughout your remaining weeks from date of purchase until delivery.

\*To purchase this package at your initial session, just add the \$30 cost of the Initial Consultation to the cost of the package.

**\$266**  
FOR 9 MONTHS

**\$2,052**  
ONE-TIME

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